

Sunday Message

FOURTEENTH SUNDAY IN ORDINARY TIME

THE WORD

Year A • 5 July 2026 • Colour: Green • Psalter Week 2



In this passage, Jesus offers a glimpse into his intimate relationship with the Father and the nature of discipleship. He begins with a prayer of praise: "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and revealed them to little ones." The contrast between the "wise and learned" and the "little ones" emphasizes that God's revelation is not bound by human status or intellect, but comes through humility and openness.

Jesus then extends an invitation: "Come to me, all you who labor and are burdened, and I will give you rest." Here, he presents himself as the source of consolation and support. The call is personal and relational — not abstract theology, but a real encounter with a compassionate Lord who carries the weight of human struggle.

Finally, Jesus encourages his followers to take on his "yoke" and learn from him, for he is "gentle and humble in heart." The yoke, a common agricultural image, represents guidance and partnership: to follow Jesus is to share in his mission, but in a way that lightens the burden rather than imposes harsh demands.

This passage underscores the accessibility of God's kingdom: it is revealed to those who approach with trust and humility and offers rest and guidance for all who seek it. ■

REFLECT

Jesus invites us to experience God's love in a deeply personal way. He thanks the Father for revealing divine truth not to those who rely solely on human wisdom, but to the humble and trusting. It reminds us that faith is not about showing how much we know, but about approaching God with openness, simplicity, and a willingness to be led.

Jesus extends an invitation to all who are "weary and burdened": come to me, and I will give you rest. The burdens we carry — worry, guilt, fear, or exhaustion — do not go unnoticed. Jesus offers relief not through avoidance, but through companionship. He invites us to take on his "yoke" and learn from him, a yoke that is gentle and light compared with the weight of trying to live alone or in our own strength.

Discipleship, then, is both trusting and practical. It is about allowing Christ to guide our steps, lighten our burdens, and teach us how to live in love and humility. In taking his yoke upon us, we find rest for our souls and a model for how to navigate life's challenges with gentleness and faith. ■

SAY

O Jesus, gentle and humble of heart, make my heart like Yours!

St. Thérèse of Lisieux

DO

This week, take a few moments each day to hand your worries and burdens over to Jesus in prayer, trusting him to guide and lighten your load.



LEARN

Christ invites all who are burdened to find rest in him, and that discipleship is rooted in humility, trust, and reliance on God rather than human strength



DUNMORE PARISH NEWSLETTER



Dunmore – Garrafrauns – Kiltевна

Sunday 5th July – FOURTEENTH SUNDAY IN ORDINARY TIME

Parish Priest: Fr. Fergal Cunnane 093-38124
Website: www.dunmoreparish.com
Facebook: www.parishofdunmore.com
Cluster Priests: Fr. Anthaiah Pudota 094-9643774
 Fr. Tommy Commins 094-9669212
Parish Secretary: Regina O' Shea 087-9961776

Parish Office W/B 6th July 2026

Tuesday: 10.30am – 2.30am

Thursday: 9.30am – 1.30pm

Friday: 1.30pm – 2.30pm

Deadline for Newsletter is Thursday at 11am

EMAIL: dunmoreparishgalway@gmail.com

CHURCH OF OUR LADY AND ST. NICHOLAS, DUNMORE

ONLINE AND ON 108 FM

Sun 5th July	11.30am	People of the Parish Geraldine McDermott, Grange – 1st Anniversary Deceased Members of the Carrantryla Slashers Paddy & Mary Walsh, Kilmurray & deceased members of the Walsh family Helena Reilly, Louth Lodge & deceased members of the Higgins & Reilly families Mick, Eve, Austin, James & Michael Corcoran, Adrigoole Martin Concannon – formerly of Carraroe, Browns Grove Máire & Gerald Walsh, Castle Street
Mon 6th	10.00am	People of the Parish
	10.30am – 11.30am	Adoration of the Blessed Sacrament – All are welcome
Wed 8th	1.00pm – 3.00pm	Adoration of the Blessed Sacrament – All are welcome
Wed 8th	7.00pm	Children's Burial Ground Mass - Littlecastle
Fri 10th	5.00pm – 7.00pm	Adoration of the Blessed Sacrament – All are welcome
	7.00pm	Jimmy Burke, Brackloon & deceased members of the family
Sun 12th	11.30am	Michael Lindsay, Moneen, Williamstown – 1st Anniversary Anne Conneally, Ballymoney & her sister Kathleen Joyce, Boston – 1st Anniversary Catherine & John McLoughlin, Cloonkeen & their daughter Kathleen Mack & John Rushe, The Square

ST. PATRICK'S CHURCH, GARRAFRAUNS

CHURCH RADIO - 108 FM

Sun 5th July	10.00am	People of the Parish Mary Delia & Larry Lyons, Gortnagoyne Nicholas & Kitty Canny, Cloonalgan Martin & Mary Connell, Darray Kathleen & Miko Hannon, Lurgan & deceased members of the family Matt Regan, Ardcloon & deceased members of the family Tom, Annie & Bill Diskin, Corohan & deceased members of the family Mary Glynn, Quinaltagh
Tue 7th	10.00am	People of the Parish
Thurs 9th	5.30pm – 9.30pm	Adoration of the Blessed Sacrament – All are welcome
Sun 12th	10.00am	Mass in Addergoole Cemetery

CHRIST THE KING CHURCH, KILTEVNA

Sat 4th July	7.30pm	People of the Parish Fr. Michael Smyth, Parkroe, Flaskagh
Wed 8th		No Mass
	10.30am – 11.30am	Adoration of the Blessed Sacrament – All are welcome
Sat 11th	7.30pm	Mass in Kiltевна Cemetery

+ We remember and pray for the soul of +

John Reilly – Milton Keynes, UK & formerly of Ballyglass – husband of Maureen Prendergast, Ballindine

+ May he rest in peace +

Thank you for your generosity:

WEEKLY PARISH COLLECTION: Weekend 27th & 28th June - €1830.00

NEWSLETTER DEADLINE

Please note change of time deadline for submitting notices for the parish newsletter - 11am on a Thursday

MINISTER OF THE WORD – Dunmore

Monday 6th July Nuala Finnegan
Friday 10th July Lil Bruen
Sunday 12th July Helen Waters & Charlie Kelly

MINISTER OF THE WORD – Garrafrauns

Sunday 12th July Pat McWalter

MINISTER OF THE WORD – Kiltевна

Saturday 11th July Olivia Moore

OFFERTORY COLLECTION (JULY) – Dunmore

Sunday 12th July Noreen Healy & Michael Rattigan



MINISTERS OF THE EUCHARIST – Dunmore

Sunday 12th July **Team C**
Martina Reddington – Therese Boyle – Anne Quinlivan – Edel Murphy

MINISTERS OF THE EUCHARIST – Garrafrauns

Sunday 12th July David Kivlehan

MINISTERS OF THE EUCHARIST – Kiltевна

Saturday 11th July Bernie Ferrick

OFFERTORY COLLECTION (JULY) – Garrafrauns

Sunday 12th July Eugene & Ciaran Canny

OFFERTORY COLLECTION (JULY) – Kiltевна

Saturday 11th July Catherine Glennon & Anthony Glennon



MASS CHANGES: From this weekend 4th / 5th July

Saturday 7.30pm Vigil Mass will be in Kiltевна

Sunday 10.00am Mass will be in Garrafrauns. This will remain until December.

TAX REBATE: Many thanks to all who have sent back their Tax Rebate forms. The Tax Rebate is a wonderful source of extra income to the parish in maintaining our three Churches. **Your contribution to this is at no cost to yourselves.** Forms are due for renewal every five years. We thank those who have participated in the scheme over the years for providing this extra source of income to our parish by simply returning their forms. For further information contact the Parish Office.

ROTAS: New Ministry Rotas from July to December are available at the back of the church.

CHURCH ENVELOPES: Church envelopes for the coming year can be found at the back of the church.

Please collect yours if you have not already done so. If you need a box please ask each sacristan or contact Regina on 093-38124 or 087-9961776.

ST. PATRICK'S HOLY WELL - CAPPAGH: Annual Pilgrimage – **More Details Later.**

DUNMORE COMMUNITY COUNCIL BINGO: Will take place this **Sunday, July 5th** in the Town Hall, Dunmore at 3pm (**Please note change of date**). Lots of Prizes on the day including a €500 jackpot. Draw for a free double book, single book, lucky line sheet and jackpot sheet. Complimentary tea, coffee and biscuits will be served at the interval. **All are welcome.**

BOOK LAUNCH: Archbishop Neary will launch his new book **Challenge, Courage and Call** in the Bookshop at Knock Shrine on Saturday July 11th at 11.30am. The book will be launched by Archbishop Francis Duffy, and all are very welcome to attend. The book is available at Knock and online at www.acnchurchresources.ie

GUITAR CLASSES: For adults. For further enquiries contact Pat on 086-8591171

DUNMORE MEN'S SHED: Bowling continues every Tuesday & Thursday at Church St. New members welcome.

BRIDGE: Continues in the Town Hall at 11am on Tuesday morning – New people are invited

HOMEMADE MEALS: At No. 6 Mayfield. We provide homemade 3 course meals Monday – Friday for everyone in the parish. Eat in or take away. Contact Rose on 085-7083137 for further information



CEMETERY MASSES

Kiltевна Cemetery – NEXT Saturday 11th of July at 7.30pm

Addergoole Cemetery – NEXT Sunday 12th July at 10.00am

Dunmore Cemetery – Wednesday 5th August at 7.00pm

Please Inform Family Members



PARISH PILGRIMAGE OF PEACE

We invite people to join us on our 'Bóthar Dóchais an Phobail'

This second stage takes place on **Saturday NEXT 11th July at 9.30am** from Cappagh Well to Kiltевна Church



As parking is limited in Cappagh Well, a bus will transport people from Kiltевна Church to Cappagh Well.

Please give your name to Regina in the Parish Office 093-38124 or 087-9961776

As we need to know numbers for the bus

All are welcome