

DUNMORE PARISH NEWSLETTER

Dunmore – Garrafrauns - KiltEVna

Sunday 10th September– The Twenty Third Sunday in Ordinary Time

Parish Priest: Fr Fergal Cunnane 093-38124

Website: www.dunmoreparish.com

Cluster Priests: Fr Eugene O'Boyle 094 96 43774

Fr Tommy Commins 094 9669212

Parish Office W/B 11th September

Monday & Thursday 9.30am-2.30pm

Deadline for Newsletter is Thurs at 12noon

CHURCH OF OUR LADY AND ST NICHOLAS, DUNMORE

- ONLINE AND ON 108 FM

Sun 10 th	11.30am	Tess & Jim Boyle, Castle Street & Nina Thornton Kieran Keaveney & his parents Margaret & Tommy & his brother Enda, Lisduff Kitt Corless, Killooney Keith Fleming, Knockatee
Mon 11 th	10am	People of the Parish
	10.30-11.30	Adoration of the Blessed Sacrament
Fri 15 th	5.30-7pm	Adoration of the Blessed Sacrament
	7pm	NO MASS
Sat 16 th	11am	Cecil Steede, 1st Anniversary & deceased family members – Fr Bernie Steede
	2pm	Marie Cheevers, Dublin Road – Fr Michael Farragher
Sun 17 th	11.30am	Thomas, Catherine & Damien Costello, Knockroe Paddy & Maud Corcoran, Lissybrooder & their son-in-law Michéal Hunt Michael Kennedy, Pollphucha

ST PATRICK'S CHURCH, GARRAFRAUNS

ON 108FM

Sun 10 th	10am	John Duignan, Cloondalغان Nora & John Noone & deceased family members, Gortnagoyne
Tues 12 th	10am	People of the Parish
Thurs 14 th	5.30- 9.30pm	Adoration of the Blessed Sacrament
Fri 15 th	7.30pm	Cemetery Mass, Adrigoole Graveyard
Sun 17 th	10am	Michael, Anne Healy & their daughter Bernadette, Corohan Martin & Delia Burke, Cloondalغان & deceased members of the Burke & McWalter families

CHRIST THE KING CHURCH, KILTEVNA

Sat 9 th	7.30pm	John & Mary Smyth, their son Frank & deceased members of the Smyth & Logan Families John & Mary Kelly, their son James & deceased family members
Wed 13 th	10am	People of the Parish
Thurs 14 th	2-5pm	Adoration of the Blessed Sacrament
Sat 16 th	7.30pm	Mai & Tommie Murphy, Curragh West & deceased members of the Murphy & Rattigan families

+ We remember & pray for the souls of +

Peter Corless, Birmingham & formerly of Killooney, brother of Michael Corless, Killooney

Gerry O'Haire, Ballinamore, husband of Mary Murphy, Curragh West

Evelyn Ronayne, Moate & Ballyhaunis, mother of Louise Cloonan, Chequerhill

+ May they rest in Peace +

MINISTER OF THE WORD – Dunmore

Mon 11th Sept – Della McGarry

Fri 15th Sept – Rose Donnellan

Sun 17th Sept – Bridget Quinn

MINISTER OF THE EUCHARIST – Dunmore

Sun 17th Sept Team D

Brian Hynes, Martina Reddington & Therese Boyle

MINISTER OF THE EUCHARIST – Garrafrauns

Sun 17th Sept – Tom Ryder

Thank you for your generosity to the

WEEKLY PARISH COLLECTION Weekend 2nd & 3rd September €1380

CEMETRY MASS- Mass in Adrigoole graveyard on Friday 15th September at 7.30pm

PASTORAL COUNCIL Thank you to our Pastoral Council for all their enthusiasm and generosity over the last four years. In the coming weeks a new Pastoral Council will be formed. Anyone interested in being involved in the new Council is asked to give their names to Fr. Fergal

KNOCK YOUTH LEADERSHIP PROGRAMME aims to provide participants with the skills and knowledge to volunteer/work within their Parish to provide a fun and safe space for young people to gather and explore their faith. Participants will receive two certificates on completion of the programme - A certificate in Youth Ministry (accredited by Queens University), and a certificate in Youth work/Youth Ministry Skills (accredited by The Open College, NI). This programme is free of charge and starting on September 30th. If you are interested in participating, please contact Knock Youth Ministry on youthministry@knockshrine.ie or call 09493753231

RELIC OF BLESSED CARLO ACUTIS AT KNOCK SHRINE - The relic of Blessed Carlos Acutis will visit Knock Shrine on Friday 15th September. The first-class relic will arrive at Knock Basilica at 11.30am. The Programme for the day is as follows: 12noon – Mass celebrated by Archbishop Dominico Sorrentino, 2pm Rosary in the Basilica, 2.30pm Hymns in the Basilica, 3pm Mass celebrated by Archbishop Dominico Sorrentino, 4pm Talk by Monsignor Figueiredo with Rosary at 4.45pm, 5pm Holy Hour. An exhibition of his life will be on display at St John's Rest & Care Centre and the launch of a new book by Monsignor Anthony 'BLESSED CARLO LIGHTS THE FIRE FOR IRELAND'.

DUNMORE BINGO - Dunmore Community Council will have our next bingo on Sunday 10th September at 3pm in Dunmore Town Hall. As always we will have complimentary tea, coffee and biscuits at the break.

HOMEMADE MEALS - at No 6 Mayfield. We provide homemade 3 course meals Monday – Friday for everyone in the parish. You can eat in or take away. We now have some extra places to eat in. If you are one of those people who would like to avail of this service please contact Rose on 085 708 3137

GARRAFRAUNS WOMENS SHED – We are delighted and excited to be starting up our Women's Shed in Garrafrauns again after our summer break. We will resume on Thursday 14th of September at 11am- 1pm and every Thursday after that. Our Women's Shed started out last February and has proven to be a great success with large gatherings of ladies taking part in activities or just enjoying each other's company over a cuppa. The Weekly session offers a space for all ages to meet up in a fun environment. Our aim is to tackle social isolation and to get involved in our community. Looking forward to seeing you all from our surrounding areas. Lifts can be arranged if needed. Contact Chris on 086-1724098

HEALING TOUCH MEDIATION HOUR – Monday 18th September at 7.30pm in Garrafrauns Community Centre. "MIND YOURSELF" many of us say, meaning take good care of yourself, however in our "always on" lifestyle, how often do we simply press pause on our own lives, of always "doing" and give ourselves the time and space to just "be" in order to take really good care of ourselves? Suitable for everyone, my monthly mediation class is a perfect opportunity to take a break from busy daily life. Experience the benefits for yourself, see how meditation can maintain that sense of inner calm, peace of mind and positive energy. Selfcare techniques will also be shared with you in each class so you can practise your own selfcare at home. Healing is in your hands, contact Susan on 087-2036400 for enquires or to book your place.

GLENAMADDY BINGO - will be held in the Community Centre on Wednesday night at 8.30pm. Jackpot €500. on 48 calls Refreshments served. Usual bus service in operation.

GLENAMADDY DISTRICT PLOUGHING AND AGRICULTURAL SHOW - Our Show Launch is Friday 15th September in Glenamaddy Equestrian Centre @ 8pm. All are welcome. Remember our Show will take place on Sunday 1st October.

GLENAMADDY MUSICAL SOCIETY - will have their meet and greet for all cast and chorus for the forthcoming musical **Sister Act** on Sunday 3rd September 2023 from 5pm to 7pm in the Town Hall Theatre. Information regarding rehearsal schedule, show dates etc will be given on the day. Looking forward to seeing you there

SEEN BUT NOT HERD The "Seen but not Herd" project run by Galway Rural Development and the HSE is delighted to be returning with our **Walk and Talk series in and around different green spaces in the locality for the next 5 weeks**. This is a fantastic opportunity to improve physical fitness and meet up with friends old and new. These walks are once a week from 7.00 PM 9.00 PM. Next week's walk on the 5th of September will be in Frass Bog walk Glenamaddy with attendees invited to meet up at the Community Centre car park from 6.45. Free refreshments, guest speakers and resources. **EVERYONE IS WELCOME TO ATTEND, ALL FITNESS LEVELS ALSO WELCOME**. Please contact Emily Hughes GRD on 087-4131248 for more information. **Pre registration is essential as the walk locations change every week**.

LOCAL HISTORY COURSE - A local history course, designed for those with an interest in the subject, will be run in Portumna Community School during the autumn of 2023 and the spring of 2024. The course covers topics such as local history sources, reading the local landscape, Irish place names, oral history and folklore, the Grand Canal and Napoleonic fortifications along the Shannon, the architecture and history of the Big House, landed estates, the Great Famine, the Land War, education, women in Irish history, the War of Independence and lots more. For further details and to book a place contact John Joe at 087 2963803 or email him at johnjoeconwell@gmail.com.

GALWAY MEMORIAL WALK - The Galway Memorial Walk for Galway Hospice takes place on today Sunday 10th September. Join family and friends walking Salthill Prom in memory of loved ones. The walk begins at 12noon at the Claddagh Hall. Register at www.galwayhospice.ie/walk or call 091-770868

SVP DUNMORE - We are living in challenging times, if you or your family or friends are struggling financially Saint Vincent DePaul Dunmore call our Helpline 086-4169828 for confidential assistance

ANGER MANAGEMENT COURSE, KNOCK COUNSELLING CENTRE- Is Anger Hurting You Or Your Family? Knock Counselling Service is running a 5-evening Online Anger Management programme, starting on Tue 26th Sept, 7pm - 9pm. Contact Peter Devers at 094 93 75032 or log onto www.knockshrine.ie/counselling

HOPESPACE - a free support service for children and young people in Galway city and county who have been bereaved has opened recently. You can contact HopeSpace by phone at 091 342566, by email at support@hopespace.ie or through the website at www.hopespace.ie. HopeSpace is only the second such service in Ireland (there is already a children's grief centre in Limerick). Please pass the word on and contact HopeSpace if you have any questions or need help.

CHILDLINE GALWAY - is currently recruiting for volunteers for our unit in Galway city centre. Volunteers are trained to support young people experiencing mild to moderate anxiety, and their parents/carers through our digital mental health and wellbeing programmes. They also actively listen, empower and support young people through our phone and web chat services. If you feel you have a listening ear, and can commit to a four hour shift each week, then why not get involved in your local Childline service. If you would be interested in finding out more about the role, please contact Catriona by email Catriona.Mullahey@ispcc.ie

LIVING WELL - is a free HSE programme which helps people living with a long-term health condition to manage their condition and improve their overall wellbeing. Anyone with any chronic illness such as diabetes, arthritis, COPD, cardiac illness, anxiety, etc. can benefit from these workshops. The next programme will commence online on 13th September. The programme is delivered over six weekly workshops (2.5 hrs x 6) by trained leaders. Advance registration is required. To find out more, please contact Liam Gildea on 086 014 2675 or by email at lgildea@southmayo.com